

One-Size Cheekies

Fabric Suggestions

All fabrics should be prewashed and dried on the same wash setting that you will wash the finished diapers on.

One-Size (OS) Fitted

Consists of 3 full-body layers, sewn in soaker, and 2 snap-in soakers. Recommended at least 2 full-body layers are absorbent layers.

Outer fabric: knit, flannel, or woven prints. Non-stretchy fabrics may reduce the fit size.

Hidden Layer fabric: Highly absorbent fabrics such as organic cotton fleece (OCF), Hemp/Cotton, or Bamboo/Cotton Fleece or French Terry

Inner Lining fabric: Cotton velour (absorbent fabric) or a stay-dry fabric (non-absorbent) such as microfleece (stretchy fabrics highly recommended for inner layer).

Sewn-in soaker and hidden layer of snap-ins: Recommend 1 layer of cotton terry or burley knit terry, or 2 layers of cotton flannel.

OS Pocket or All-in-Two (AI2)

Consists of an inner and outer layer. Recommend high polyester content fabrics.

Outer fabric: to be waterproof, choose a polyester urethane laminate fabric (PUL).

Inner fabric: should be a “stay dry” fabric such as microfleece, suedecloth, or powerdry.

AI2 Snap-In Soakers

Should be fabric layers similar to the OS Fitted hidden layer fabric and inner lining fabric. I prefer to use 2 layers of Organic Cotton Fleece or Bamboo Cotton Fleece in the body and attached doubler, and top the soakers with either cotton velour or microfleece.

Machines and Methods

A snap press is required for this pattern. I use a “professional” press and poly resin snaps. For a similar press, check The Snap Store at www.thesnapstore.com, or the Notion Supply yahoo group at <http://groups.yahoo.com/group/notionsupply/>.

A serger makes life easier, but is not required. Even the fitted diapers can be finished completely on a regular sewing machine using a machine’s overlock stitch (check your manual), or a straight stitch followed by a zig-zag stitch over the edges. Substitute this method anywhere the instructions say “serge.”

Yardage Requirements

This is discussed more fully in the layouts section. If buying diaper cuts, you need 21”x21” for each layer. If buying yardage, you need 1 yard of EACH layer for the OS fitted (yield 3 cuts) and Terry or Flannel for the sewn-in Soaker and Snap-In soakers. You will need 1 yard of EACH layer for the OS Pocket or AI2 and 1/2 yard of each fabric desired for use in the AI2 Soakers.

Pattern Tracing

Trace your pattern onto pattern paper or freezer paper and cut out what you need. Remember to mark all snaps and elastic points.